# Jersey Canoe Club Kayaking Activity Risk Assessment

Reference

Leader | Location Select Location | Date | Start Time 10:00

Lighting Night time Activity | Activity Coastal Paddle - Along & Back | Duration More than 6 hours | Visibility Fog forecast

Wind North F6+ | Swell More than 6ft | Sea State Rough, waves >2.5 <4 | High Tide 10 55 | Tide Height 12 .90

| Potential Hazard | Risk level | Existing Control Measures | Additional Conditions affecting or mitigating risk | Residual risk acceptable? |
|---|---|---|---|---|
| Weather & Tide | High | The BCU qualified leader of the group will:<br>1. Obtain weather forecast, tidal information & daylight timing prior to the session<br>2. Apply extra caution in offshore winds & night time conditions<br>3. Take into account Group capabilities | | No |
| Medical conditions & Previous Injuries | High | The group will be briefed about the activity and asked about any injuries or medical conditions (e.g strains, sprains, asthma, diabetes)<br>Essential medication (e.g inhalers) should be carried on the session | | No |
| Slips and Falls | High | The BCU qualified leader of the group will:<br>1. Carry a first Aid kit and be a qualified first aider.<br>2. Carry a VHF radio or mobile phone to call for assistance<br>3. Check participants have appropriate protective clothing & buoyancy aid | | No |
| Manual Handling: Lifting & carrying | High | It is recommended that kayaks should be carried in pairs or 2 persons to one kayak where necessary.<br>Kayak trolleys are recommended , if available. | | No |
| Hypothermia/Hyperthermia | High | Suitable clothing to be worn as advised<br>Hot/cold drinks to be carried as appropriate to the conditions<br>Survival bag will be carried by group leader | | No |
| Capsize & Drowning | High | The BCU qualified leader of the group will:<br>1. Ensure that the group wear clothing appropriate to the conditions | | No |
| Other | None | | | Yes |

Dynamic Risk Assessments will be done prior to, and during the activity.

Send completed form to risk.assessment@jerseycanoeclub.co.uk